



# *Markham Irish Canadian Rugby Club*

## **EMERGENCY ACTION PLAN**

**These items must be present at home games and practices:**

1. Fully stocked medical kit.
2. Cellular telephone for Call Person
3. Physiotherapist, trainer or other certified first aid personnel.

**When an injury occurs, three roles are required:**

1. **Charge Person:** (trained in emergency control, first aid or Rugby Canada Safety Guidelines)
    - **Manage and coordinate** the emergency situation.
    - **Activate** the Emergency Action Plan when necessary.
    - **Assesses** the situation and injury status of the athlete.
    - **Appoint** a CALL PERSON and CONTROL PERSON.
  2. **Call Person** (has a cell phone)
    - Appointed prior to the game or practice.
    - **Activate** the emergency system by **calling 911** and informing the dispatcher the nature of the medical emergency **with the following information:**
      - a. Type of emergency (injuries sustained by player/number of casualties).
      - b. If neck or spinal injury is suspected, **No attempt should be made to move the player** until medical help arrives.
      - c. ☐ Level of consciousness.
      - d. Is the injured player bleeding?
      - e. ☐ What type of first aid has been administered.
      - f. ☐ Directions to Fletcher's Fields
      - g. Provide number of cell phone from which you are calling.
      - h. Ask for estimated time of arrival.
      - i. Wait for arrival of ambulance and provide directions to injured party.
- REMEMBER – LET THE DISPATCHER TERMINATE THE CALL**
- j. Report back to the Charge Person that the ambulance has been called and provide an estimated time of arrival.

3. **Control Person:**
  - Appointed prior to the game or practice.
  - Keep the crowd away from the injured player/person
  - Be in control of the situation.
  - Referee and touch judge assistance should be considered.



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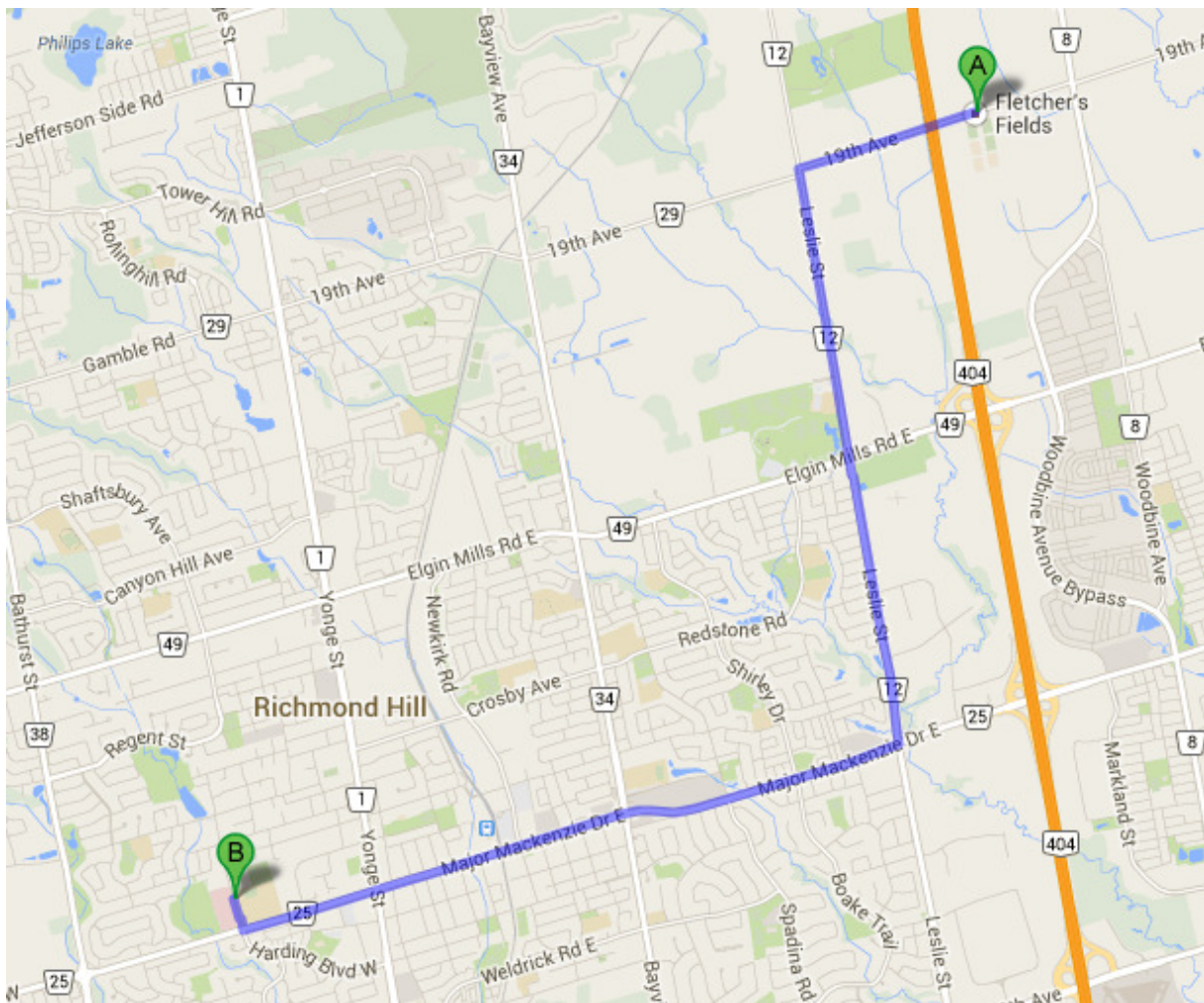
**LOCATION OF NEAREST HOSPITAL York Central Hospital**  
**10 Trench Street, Richmond Hill, ON L4C 4Z3**

General (905) 883-1212

Patient Inquiries (905) 883-2320

## **Directions to York Central Hospital from Fletcher's Fields**

1. Head west on 19th Ave toward Leslie St/York 12
2. Turn left onto Leslie St/York 12
3. Turn right onto Major Mackenzie Dr E/York Regional Rd 25
4. Turn right onto Trench St



Pat Hodgins  
President

January 14, 2014